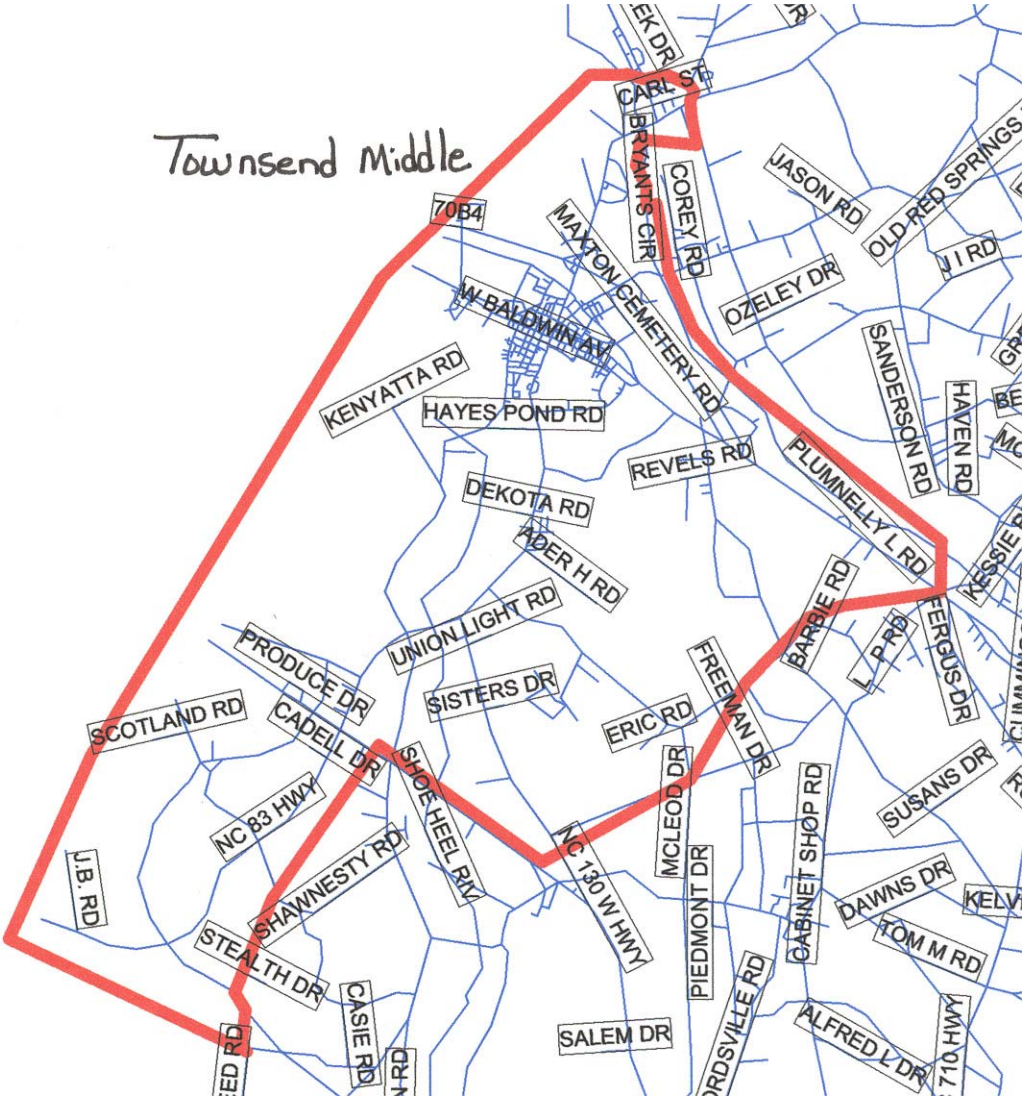Townsend Middle